



# Mid-Year Evaluation Brief

## 2019-2020

### Service Highlights

### Expected Outcomes

42

Children attended school readiness playgroups and nursery school  
 → Compared to **66** in FY18-19

❖ **Children enter kindergarten ready to learn.**

59

Children received nutrition education and participated in gardening activities  
 → Compared to **93** in FY18-19

❖ **Children understand where food comes from, are able to make healthy food choices, and become better nourished**

30

Children received dental services  
 → Compared to **56** in FY18-19

❖ **Children have access to dental care.**

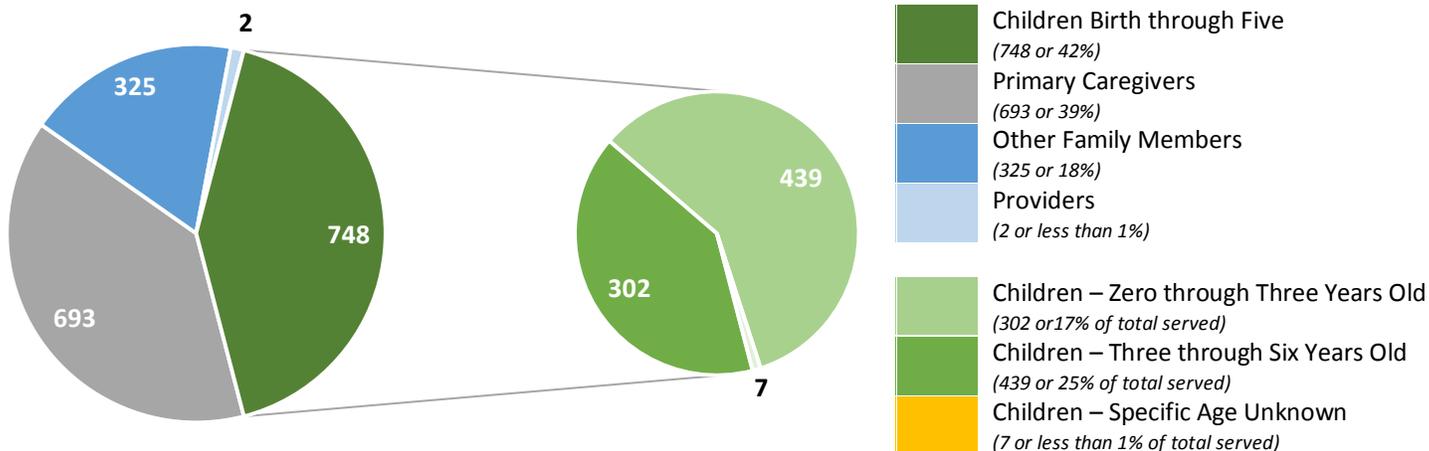
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Families of newborns obtained home visiting services  
 → Compared to **7** in FY18-19

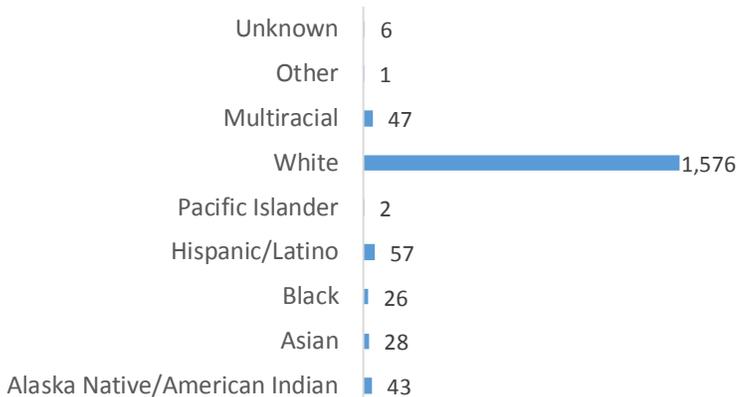
❖ **Families have access to family support services and resources.**

## Who was served?

Program participants included children prenatal through age five as well as their parents, caregivers, and family members. Service providers are also served through First 5 Trinity programs.

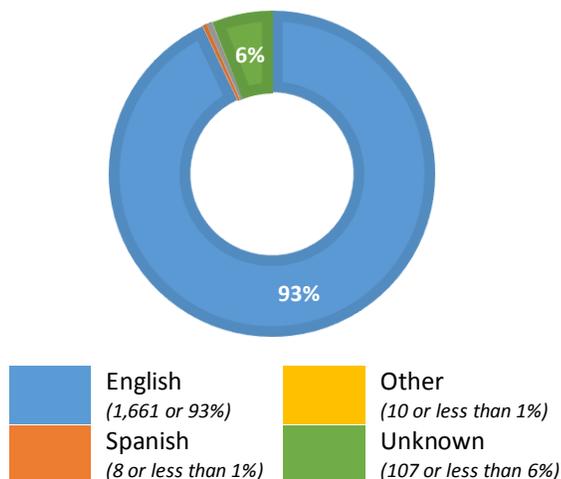


### Race/Ethnicity



The majority of individuals served were white (1,576 or 88%).

### Primary Language



### Number of Individuals Served by Program



## Services Provided

First 5 Trinity invests in community partners to realize its strategic plan. Services are provided to families and children (ages birth through five) through primary investments as well as smaller community projects.

### Primary Investments

#### Children's Garden



- ❖ 59 preschool children participated in gardening activities.
- ❖ 6 caregivers and other family members also participated in gardening activities and 7 sessions were provided.

#### TCOE School Readiness Playgroups



- ❖ 42 children benefited from TCOE playgroups that were provided in Hayfork, Van Duzen, Coffee Creek, Cox Bar, and Big Bar.
- ❖ A total of 105 playgroup sessions were held with an average daily attendance rate of 7 children per session.

#### Trinity Smiles



- ❖ 30 children between three and six years old and 94 other family members received dental services which included examinations, x-rays, cleanings, sealants, fillings, and extractions. Three providers were also served by the program.
- ❖ Services had a value of \$78,100.

#### Toddler & Infant Passenger Safety



- ❖ 18 children less than three years old and 6 children between three and six years old benefited from a car seat.
- ❖ 25 caregivers were provided with instruction on appropriate car seat installation and use.

#### HRN Welcome Baby Program



- ❖ 3 newborns and 5 caregivers and other family members received home visiting services.
- ❖ Services provided included developmental screenings, health and safety instruction and referrals for community resources.

*The Food Outreach program began to collect information this year, allowing us to understand how many children and families benefit from this service.*

### Small Community Grant Projects

#### Swim Programs



- ❖ Hayfork Swim Program: 13 children less than three years old and 29 children between three and six years old received swim instruction.
- ❖ 69 caregivers and other family members benefited from the swim program, as well as 13 providers.

#### Weaverville Swim Program



- ❖ 17 children less than three years old and 27 children between three and six years old received swim instruction.
- ❖ 60 caregivers and other family members benefited from the swim program.

#### Hayfork Playgroup



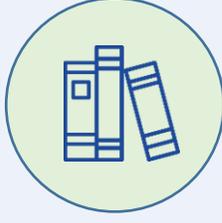
- ❖ 2 children less than three years old and 6 children between three and six years old participated in playgroups.
- ❖ 8 caregivers and other family members benefited from the playgroup, as well as 1 provider.

#### Car Seat Program



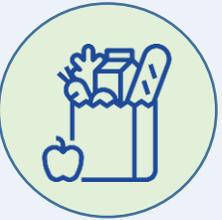
- ❖ 25 children less than three years old and 13 children between three and six years old benefited from a car seat. One child was served in which the age was unknown.
- ❖ 38 caregivers were provided with instruction on car seat installation.

#### Early Learning with Families



- ❖ 161 children less than three years old and 113 children between three and six years old attended a reading event at the Trinity County Library.
- ❖ 236 caregivers also attended reading events at the library.

#### Trinity County Food Outreach



- ❖ 60 children less than three years old and 123 children between three and six years old benefitted from food assistance.
- ❖ 477 primary caregivers and other family members received food assistance.

## Preliminary Outcomes

First 5 Trinity has established questions to support the evaluation of its primary investments. The questions fall within each of the three priority areas of the 2015-2020 strategic plan and are aligned to the First 5 California evaluation framework. The table below indicates which primary investments contribute to indicators associated with each evaluation question.

Evaluation Framework	Children's Garden	TCOE School Readiness Playgroups	Trinity Smiles	Child Passenger Safety	Welcome Baby Program
<b>Empowered Children and Families</b>					
<b>❖ Are families developing routines that support a child's development and readiness for kindergarten?</b>					
- Number/percent of parents that report regular activities such as reading, counting, and indoor/outdoor play.		✓			
- Number/percent of parents that report that they or another family member establish a regular routine like getting up and going to bed at the same time for their child.		✓			
- Number/percent of families that report having a place in their home where the child can read, do arts and crafts, or play with their toys.		✓			
<b>→ Do families have access to family support services and resources?</b>					
- Number of families participating in family strengthening activities.					✓
- Number/percent of families being linked to community resources.					✓
- Number/percent of families that receive information about parenting practices and child development.					✓
- Number/percent of families with improved knowledge about how to establish a safe home for their child.					✓
- Number/percent of families that received a car seat and car seat safety instruction.				✓	
<b>→ Are families and children making healthy food choices?</b>					
- Number of children and families participating in community gardening activities.	✓				
- Number/percent of children who have an increased understanding of healthy food choices.	✓				
<b>→ Are children receiving preventative primary health and dental care?</b>					
- Number/percent of children with access to regular medical care.		✓			✓
- Number/percent of children with access to regular dental care.		✓	✓		
- Number/percent of children who received oral health education.			✓		
- Number/percent of children with necessary health screenings for kindergarten entry.		✓			
<b>→ Are children receiving early screening and intervention for developmental delays and other special needs?</b>					
- Number of children who received developmental screenings.					✓
<b>Early Care and Development</b>					
<b>→ Are children entering kindergarten ready to learn?</b>					
- Number of children participating in early care and education programs.		✓			
- Number/percent of children who are adequately prepared for kindergarten entry.		✓			
- Number/percent of children that are assessed for school readiness.		✓			
<b>System of Care</b>					
<b>→ Are services responsive to the needs of families with young children?</b>					
- Number of parents reporting satisfaction with the content, quality, and family-centeredness of services.		✓			✓

Boxes shaded in grey indicate areas in which data available is available at the mid-term (7/1/19 through 12/31/19).

# Preliminary Outcomes

## Empowered Children and Families

### Do families have access to family support services and resources?

- 11 Referrals were made to families, connecting them to other community resources
- 3 Families served received information on parenting practices and child development
- 3 Families served indicated an increased knowledge about how to establish a safe home for their child



3 families received family support services and resources through the Welcome Baby Program

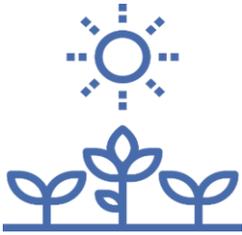


In FY18-19 5 families were served by Welcome Baby.



8 Families received a car seat and car seat safety instruction/education

### Are families and children making healthy decisions?



59 preschool children participated in gardening activities through the Children's Garden Program

The majority of children who participated in the Children's Garden program had an increased understanding of healthy food choices.

- n=21 → 86% of preschool children could identify 3-5 foods that are grown in a garden. 14% could identify 1-2 foods grown in a garden.
- n=21 → 90% of preschool children could identify the difference between healthy and unhealthy food.
- n=21 → 62% of preschool children were able to describe new foods they have tried because of community

### Are children receiving preventive primary health and dental care?



30 children received dental services through the Trinity Smiles Program

	FY19-20	FY18-19
Value of dental services provided to children	\$78,100	\$36,398
Children served with Dental Insurance	22%	29%
Children Served with Dental Home	26%	13%
Children served who brush 1-2 times a day	57%	39%
Children served with access to Dental Products	72%	98%



There is little data to support the assertion that children are receiving preventive primary care.

3 families served through the Welcome Baby program indicated that their children had health insurance and a healthcare provider. It is expected that more data will be available at year-end.

### Are children receiving early screening and intervention for developmental delays and other special needs?



In FY 19-20

3 children were screened for developmental delay through the Welcome Baby Program



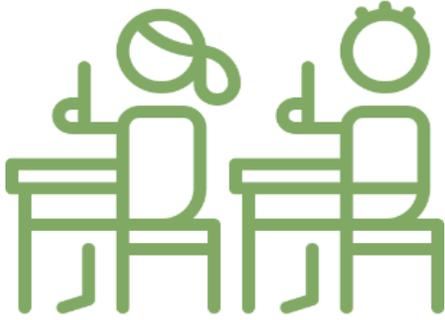
In FY18-19

5 children were screened for a developmental delay through the Welcome Baby Program

## Preliminary Outcomes

### Early Care and Development

#### Are children entering kindergarten ready to learn?



42 children participated in school readiness activities

5

Children served at the Cox Bar/Big Bar Playgroup

3

Children served at the Coffee Creek Playgroup

16

Children served at the Hayfork-1 Playgroup

6

Children served at the Hayfork-2 Playgroup

12

Children served at the Van Duzen/Mad River Playgroup

Families participating in Playgroups are given a survey that explores the extent to which their family habits support school readiness skills. The survey is issued at program start and conclusion to identify whether participation encouraged an increase in family habits that support school readiness. The results below demonstrate data collected at program start. This data will be compared to data collected at program conclusion in the year-end report.

#### Reading Routines



61% of participating families read to their child at least 5-6 days per week.

#### Numeracy Activities



59% of participating families practice counting or activities that involve numbers at least 5-6 days per week.

#### Learning through Play



79% of participating families play with their child at least 5-6 days per week.

#### Physical & Motor Development



75% of participating families take their child outdoors to participate in physical activities at least 5-6 days per week.

#### Regular Routines



65% of participating families follow a regular routine at least 5-6 days per week.

## Mid-Term Observations and Considerations

The following observations and considerations are being provided to help strengthen program services and the Commission's ability to support evaluation of efforts:

- ❖ **Strengthen Data Collection Efforts:** This recommendation was offered last year and continues to be valid. There is a continuing need to strengthen data collection and reporting activities. Some programs did not collect comprehensive data per established evaluation plans, limiting the ability to fully evaluate efforts. It is recommended that programs work with the evaluation consultant to ensure that all program personnel understand the program evaluation framework, data collection responsibilities, and how to appropriately report progress towards goals through quarterly reports.
- ❖ **Consider ways to support additional utilization of the Welcome Baby Program:** Given that the Welcome Baby Program is the only program providing comprehensive services to families of infants, efforts should be made to increase program participation.
- ❖ **Provide Opportunities for Coordination:** There is an opportunity for programs to coordinate efforts to support families in accessing the variety of programs offered by First 5. First 5 may want to consider offering quarterly connection meetings in which programs can provide updates to partners, share how referrals can be made, and coordinate joint outreach efforts.