



## Mid-Year Evaluation Brief

2018-2019

### SERVICE HIGHLIGHTS

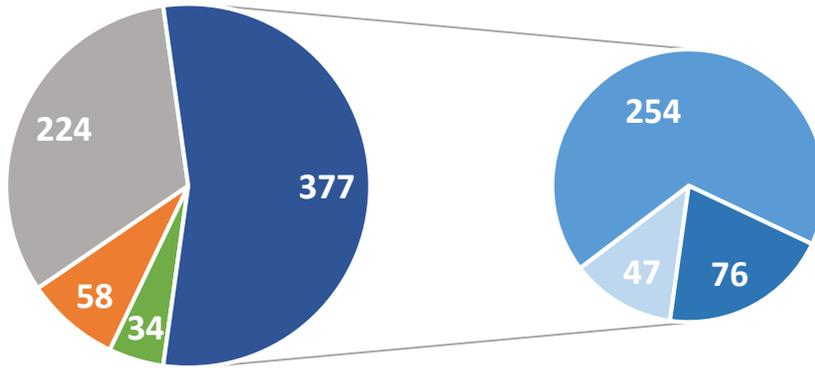
- 66 Children attended school readiness playgroups and nursery school
- 93 Children received nutrition education and participated in gardening activities
- 56 Children received dental services
- 7 Parents of newborns obtained home visiting services

### EXPECTED OUTCOMES

- Children enter kindergarten ready to learn.
- Children live in health home environments, free from safety and risks.
- Children understand where food comes from, are able to make healthy food choices and become better nourished.
- Families have access to family support services and resources.

# WHO WAS SERVED?

Program participants included children prenatal through age five as well as their parents, caregivers and family members. Service providers are also served through First 5 Trinity programs.

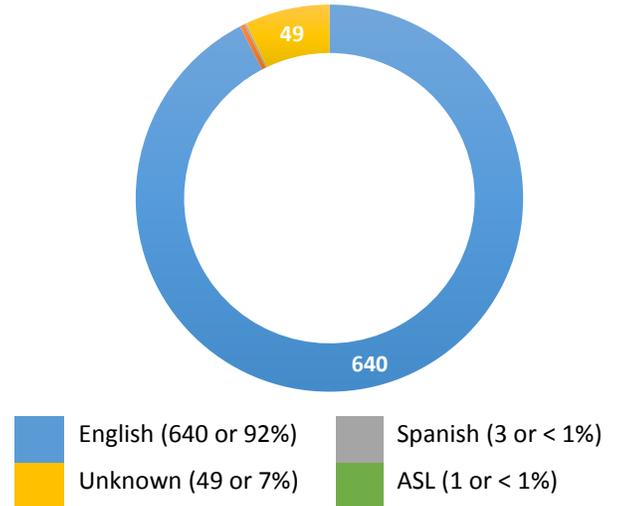
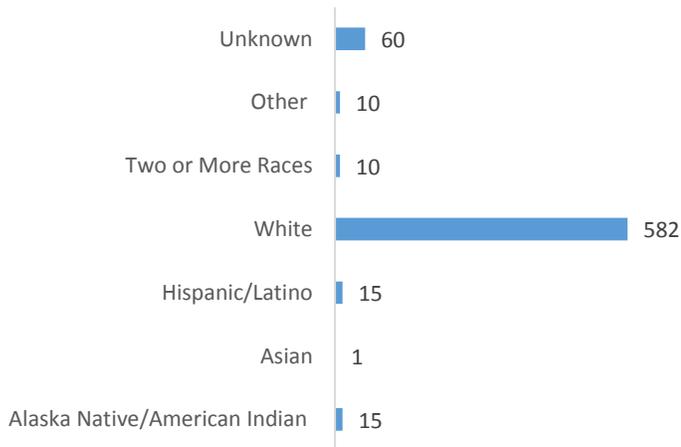


- Primary Caregivers (224 or 32%)
- Other Family Members (58 or 8%)
- Providers (34 or 5%)
- Children – birth through six years of age (377 or 54%)
- Children – three through six years of age (254 or 67%)
- Children – birth to three years of age (76 or 20%)
- Children Age Unknown – birth through six years of age (47 or 12%)

\*Numbers served were compiled by adding all program participants into the graph above. It is likely that there is duplication as individuals may participate in more than one First 5 Trinity program.

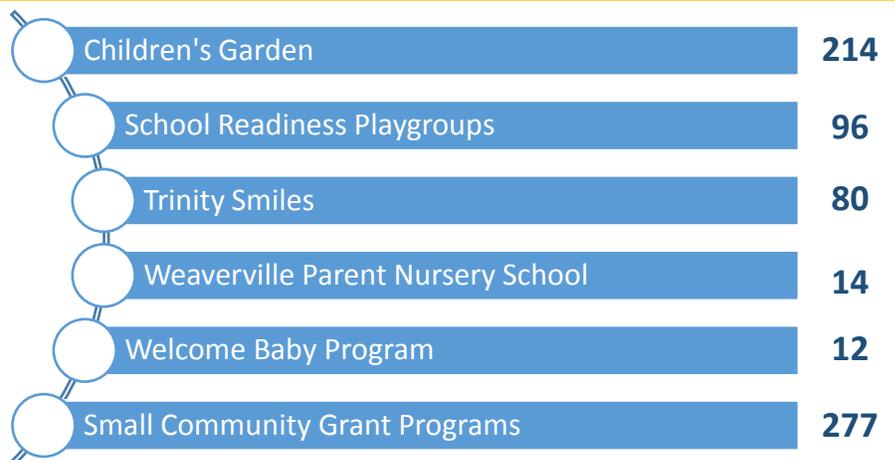
## RACE/ETHNICITY

## PRIMARY LANGUAGE



The majority of individuals served were White (582 or 84%).

## NUMBERS SERVED BY PROGRAM



# SERVICES PROVIDED

First 5 Trinity invests in community partners to realize its strategic plan. Services are provided to families and children (ages birth through five) through primary investments as well as smaller community projects.

## PRIMARY INVESTMENTS

### CHILDREN'S GARDEN



- 38 preschool children participated in gardening activities. 7 sessions were provided.
- 1 community event was held where 55 children and 117 caregivers and other family members participated in a gardening activity.

### TCOE SCHOOL READINESS PLAYGROUPS



- 58 children benefited from playgroups that were provided in Hayfork, Van Duzen, Coffee Creek and Zenia/Kettenpom.
- A total of 91 playgroup sessions were offered with an average daily attendance rate of 9 children per session.

### TRINITY SMILES



- 56 children between three and six years old and 21 other family members received dental services which included examinations, x-rays, cleanings, sealants, fillings and extractions.
- Services provided had a value of \$36,398.

### WEAVERVILLE PARENT NURSERY SCHOOL (PNS)



- 8 children benefited from school readiness instruction and socialization activities.
- 6 caregivers received support and instruction on how to provide fun and engaging activities for their children.

### HRN WELCOME BABY PROGRAM



- 5 newborns and 7 caregivers received home visiting services.
- Services provided included developmental screenings, health and safety instruction and referrals for community resources.

## COMMUNITY PROJECTS

### HAYFORK SWIM PROGRAM



- 20 children less than three years old and 32 children between three and six years old received swim instruction.
- 66 caregivers and other family members benefited from the swim program as well as 13 providers.

### WEAVERVILLE SWIM PROGRAM



- 13 children less than three years old, and 46 children between three and six years old received swim instruction.

### HAYFORK PLAYGROUP



- 14 children less than three years old and 8 children between three and six years old participated in playgroups.
- 19 caregivers and other family members benefited from the playgroup as well as 3 providers.

### CAR SEAT PROGRAM



- 11 children less than three years old and 9 children between three and six years old benefited from a car seat.
- 20 caregivers were provided with instruction on appropriate car seat installation and use.

### TODDLER & INFANT PASSENGER SAFETY TRAINING



- 3 Health and Human Services staff became certified Child Passenger Safety Car Seat Technicians.

In addition to the services listed above, First 5 Trinity invested in the Kindergarten Readiness Assessment project. The results of that project will be provided in the year-end evaluation report.

# PRELIMINARY OUTCOMES

First 5 Trinity has established questions to support the evaluation of its primary investments. The questions fall within each of the three priority areas of the 2015-2020 strategic plan and are aligned to the First 5 California evaluation framework. The table below indicates which primary investments contribute to indicators associated with each evaluation question.

EVALUATION FRAMEWORK	Children's Garden	TCOE School Readiness Playgroups	Trinity Smiles	Weaverville PNS	Welcome Baby Program
<b>EMPOWERED CHILDREN AND FAMILIES</b>					
<b>➤ Are families developing routines that support a child's development and readiness for kindergarten?</b>					
- Number/Percent of parents that report regular activities such as reading, counting, and indoor/outdoor play.		✓		✓	
- Number/Percent of parents report that they or another family establish a regular routine like getting up and going to bed at the same time for their child.		✓		✓	
- Number/Percent of families that report having a place in their home where the child can read, do arts and crafts, or play with their toys.		✓		✓	
<b>➤ Do families have access to family support services and resources?</b>					
- Number of families participating in family strengthening activities.					✓
- Number/Percent of families being linked to community resources.					✓
- Number/Percent of families that receive information about parenting practices and child development.					✓
- Number/Percent of families with improved knowledge about how to establish a safe home for their child.					✓
<b>➤ Are families and children making healthy food choices?</b>					
- Number of children and families participating in community gardening activities.	✓				
- Number/Percent of families who report that the community gardening activities have helped their family make healthy food choices.	✓				
- Number/percent of children who have an increased understanding of healthy food choices.	✓				
<b>➤ Are children receiving preventive primary health and dental care?</b>					
- Number/Percent of children with access to regular medical care.		✓			✓
- Number/Percent of children with access to regular dental care.		✓	✓		
- Number/Percent of children who received oral health education.			✓		
- Number/Percent of children with necessary health screenings for kindergarten entry.		✓			
<b>➤ Are children receiving early screening and intervention for developmental delays and other special needs?</b>					
- Number of children who received developmental screenings.					✓
<b>EARLY CARE AND DEVELOPMENT</b>					
<b>➤ Are children entering kindergarten ready to learn?</b>					
- Number of children participating in early care and education programs.		✓		✓	
- Number/Percent of children who are adequately prepared for kindergarten entry.		✓			
- Number/Percent of children that are assessed for school readiness.		✓			
<b>SYSTEM OF CARE</b>					
<b>➤ Are services responsive to the needs of families with young children?</b>					
- Number of parents reporting satisfaction with the content, quality and family-centeredness of services.		✓		✓	✓

Boxes shaded in grey indicate areas in which data available is available at the mid-term (7/1/19 through 12/31/19).

# PRELIMINARY OUTCOMES

## EMPOWERED CHILDREN AND FAMILIES

Do families have access to family support services and resources?



18

Referrals were made to families, connecting them to other community resources



4

families served received information on parenting practices and child development



4

Families served indicated an increased knowledge about how to establish a safe home for their child.

5 families received family support services and resources

Through the Welcome Baby Program

Are families and children making healthy food choices?

30



Preschool Children participated in gardening activities

Through the Children's Garden Program

The majority of children who participated in the Children's Garden program had an increased understanding of healthy food choices.

N=23

74% of preschool children could identify 3-5 foods that are grown in a garden. 26% could identify 1-2 foods grown in a garden.

N=23

83% of preschool children could identify the difference between healthy and unhealthy food.

N=23

87% of preschool children were able to describe new foods they have tried because of community gardening activities.

Are children receiving preventive primary health and dental care?



There is little data to support the assertion that children are receiving preventive primary care.

Four of five families served through the Welcome Baby program indicated that their children had health insurance and a healthcare provider. It is expected that more data will be available at year-end.



Children received dental van services

Through the Trinity Smiles Program

Value

\$36,398

Value of dental services provided to children

Insurance

29%

Of children served had dental insurance

Dental Home

13%

Of children served had a dental home

Dental Habits

39%

Of children served brush 1-2 times a day

Dental Products

98%

Of children served have access to dental supplies

Are children receiving early screening and intervention for developmental delays and other special needs?



5

children were screened for a developmental delay

Through the Welcome Baby Program

# PRELIMINARY OUTCOMES

## EARLY CARE AND DEVELOPMENT

### Are children entering kindergarten ready to learn?

Children are provided with school readiness instruction and supports through the Trinity County Office of Education Playgroups Program and the Weaverville Parent Nursery School Program.



Children participated in school readiness activities



8 children were served in the community of Weaverville.



38 children were served in the communities of Hayfork, Van Duzen, Coffee Creek and Zenia/Kettenpom.

## SYSTEM OF CARE

### Are services responsive to the needs of families with young children?

Successful programs work closely with parents and families to provide services that meet the unique needs of each family by integrating participant feedback into program planning. Three of the five primary investment programs collect information from participants regarding their satisfaction with services. Of those three, the Weaverville Parent Nursery School (n=6) and the Welcome Baby program (n=4) provided data for inclusion in this report.

**100%**

of parents agreed that their impression and interaction with staff was positive. (n=10)

**100%**

of parents agreed that their overall satisfaction with services was very good. (n=10)

## MID-TERM OBSERVATIONS AND CONSIDERATIONS

The following observations and considerations are being provided to help strengthen program services and the Commission's ability to support evaluation of efforts:

- **Strengthen Data Collection Efforts:** First 5 Trinity programs have made some important first steps in establishing practices that support evaluation efforts. Programs are increasingly becoming clear on the data collection expectations and the proper way to manage and report data. That being said, there is a continuing need to strengthen data collection and reporting activities.

Some programs did not collect comprehensive data per established evaluation plans, limiting the ability to fully evaluate efforts for this contract term. It is recommended that programs work with the evaluation consultant to ensure that all program personnel understand the program evaluation framework, data collection responsibilities and how to appropriately report progress towards goals through quarterly reports.

- **Revisit Evaluation Framework:** This evaluation report was developed based on achievement of the Commission's strategic plan, bundling program efforts under specified Commission focus areas. Through the course of report development, it became evident that some investment areas have very limited reach which hinders the ability to make broad declarations of outcomes achieved. It is recommended that the Commission consider either shifting its evaluation to program-specific achievement or establishing an evaluation approach that measures outcomes that can be shared across programs.

