



**For Fiscal Year July 1, 2016 - June 30, 2017**

**County: Trinity**

**Saturday, November 11, 2017**

**Service Type: Nutrition and Fitness**



For Fiscal Year July 1, 2016 - June 30, 2017

**Result Type: Improved Child Health**

**Provide the most recent compelling service outcome available for this service.**

Community Outcomes:

- Increased growth and consumption of local and organic produce by families
- Increased access to healthy food and opportunities for optimal physical activity
- Increased physical activity and enjoyment of the outdoors
- Improved social and mental health and youth and parents working in the garden
- All children 0-5 will have the opportunity to participate in healthy activities

Program Outcomes:

- Increased connectedness to other youth/families who worked in the garden
- Improved consumption rates of fruits and vegetables
- Increased knowledge about, and exposure to, healthy foods
- Increased physical activity for youth

**Provide the comparison data used to determine whether the service outcome was an improvement and specify the origin of the data.**

Comparison data from the prior year's outcomes was used. First 5 Trinity is moving forward with a program evaluator to assist us with outcomes and improvement in all service categories.

**Describe the measurement tool used in the evaluation to measure the outcome.**



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- In garden observation and dialogue with participants
- Progress Reporting by Northern California Conservation District to First 5 Trinity County
- Communications with First 5 Trinity County staff and grantees
- Annual demographic data on populations served by grantees

<b>Provide a breakdown of the population served by the following demographic categories</b>	
Children Less Than 3 Years Old	0
Children from 3rd to 6th Birthday	601
Children - Ages Unknown (birth to 6th Birthday)	0
Parents/Guardians/Primary Caregivers	233
Other Family Members	4
Providers	0
<b>Total Population Served</b>	<b>838</b>

<b>Provide breakdown of the population served by ethnic or racial category. Report children separate from Parents, Guardians, and Primary Caregivers.</b>		
Alaska Native/American Indian	4	0
Asian	0	0
Black/African-American	0	0
Hispanic/Latino	2	2
Pacific Islander	0	0
White	595	231
Multiracial	0	0
Other	0	0
Unknown	0	0
<b>Sub Totals</b>	<b>601</b>	<b>233</b>
<b>Total Population Served</b>	<b>834</b>	



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Provide a breakdown of the population served by the language that they primarily speak at home. Report children separate from Parents, Guardians, and Primary Caregivers.

English	601	233
Spanish	0	0
Cantonese	0	0
Mandarin	0	0
Vietnamese	0	0
Korean	0	0
Other	0	0
Unknown	0	0
<b>Sub Totals</b>	<b>601</b>	<b>233</b>
<b>Total Population Served</b>	<b>834</b>	